

EDUCATION

Master's degree – Marriage and Family Therapy
University of Houston – Clear Lake May 2022

Bachelor's degree – Family and Child Development
Texas State University – San Marcos August 2017
Minor degree – Psychology

PROFESSIONAL EXPERIENCE

Student Support Intern

Clear Springs High School, League City, TX

Provided counseling services to high school students on campus for various reasons including depression, anxiety, stress, self-esteem, and coping skills. Collaborated with fellow school staff to provide the best support for students. Participated in parent and staff meetings regarding student progress and support.

Practicum Student Therapist

University of Houston, Clear Lake, TX

Coursework completed as a student therapist through the University's Psychological Services Clinic. Routinely met with various clients as a student therapist under the supervision of professors.

Nanny

Provided care and offered one on one learning opportunities, working with the parents to implement activities that promoted child development.

Camp Counselor

Any Baby Can, Austin, TX

Attended a week-long camp supervising children who have siblings with Cancer, responsible for ten children in one group at a time, developing trusting interpersonal relationships with the kids in order to evaluate and support them in various events. Supported children in working through emotions, developing coping skills and fostered friendships in a camp setting. Encouraged them to try new activities, make connections with others and to share thoughts and feelings in group therapy.

Non-profit Intern

Any Baby Can, Austin, TX

Organized sponsors for various non-profit events, a Team Lead during parenting classes that involved working with parents on communication skills, child development activities and other various skills. Filing and sending emails in different departments such as billing, volunteer coordination and event planning.

PROFESSIONAL TRAININGS

Level 1 Gottman

Motivational Interviewing

Cognitive Behavioral Therapy

EXTRACURRICULAR UNIVERSITY SERVICES

2020-2021 Secretary for Delta Kappa Alpha Epsilon International Honor Society and Family Therapy Student Association

2020 – 2022 Delta Kappa Alpha Epsilon International Honor Society

2019 - 2022 Family Therapy Student Association

2016 – 2017 Family and Child Development Association

2013 – 2017 Phi Theta Kappa Honor Society