

Afshana Haque, PhD, LMFT-S

Education

- **St. Mary's University** 2007 – 2014
Doctor of Philosophy in Marriage and Family Therapy

Dissertation: *Exploration of Stressors Experienced by Muslims Living in the US: A Mixed Methods Analysis.*
Dissertation Chair: Carolyn Y. Tubbs, PhD, LMFT
- **University of Houston- Clear Lake** 2005- 2007
Master of Arts in Marriage and Family Therapy
- **University of Houston Main Campus** 2000 - 2005
Bachelor of Science in Psychology with Biology Minor, *Cum Laude*

Licensure & Certifications

- **Certified Clinical Trauma Professional** (6/01/21-Present)
- **American Association of Marriage and Family Therapy Approved Supervisor** (2017- Present).
- **Licensed Marriage and Family Therapist** (2010- Present). State of Texas, #201198. Expiration date 12/31/2023.

Employment & Relevant Experience

- **Dr. Afshana Haque & Associates, PLLC:** (3/09- Current). 16815 Royal Crest Dr. #240; Houston, TX 77058. **Title:** Clinic Director and Marriage & Family Therapist Supervisor. **Responsibilities:** Manage private practice and provide individual, couple, and family therapy. Conduct parenting and other workshops for various organizations and schools in Texas & Florida.
- **Methodist Hospital:** (3/16/09- 6/25/10) 7922 Ewing Halsell, Suite 390, San Antonio, TX 78229. **Title:** Counseling Intern. **Responsibilities:** Conducted psychosocial assessments, chemical dependency assessments, developed treatment plans, provided individual and family counseling, provided direct casework services and facilitated individual and family, process, education and spirituality groups. Completed computerized progress notes. Collaborated with various healthcare professionals including psychiatrists, counselors and social workers. Worked in the inpatient and outpatient chemical dependency units as well as the child and adolescent unit, geriatric unit, high functioning and low functioning adults, and provided outpatient therapy to the community at large.
- **Byrne Consultants, Inc.** (8/20/07- 2/4/09) 4805 Bull Mountain Cove, Austin, TX 78746. **Title:** Marriage and Family Therapy Intern. **Responsibilities:** Conducted pre-operational psychological evaluations for candidates of the Laparoscopic-band surgery at the American Institute of Gastric Banding- True Results. Helped revise and develop psychological intake assessment.

- **Center for Refugee Services** (12/01/07 – 7/01/09). 8703 Wurzbach Rd, STE. A-1, San Antonio, TX 78240. **Title:** Co-Director. **Responsibilities:** Help launch and establish non-profit refugee resettlement program, collect and disburse funds and donations, provide mental health services, help establish job training and ESL classes to refugees from Sudan, Somalia, Afghanistan, Iran, Burundi, Burma, & Iraq.
- **DePelchin Children’s Center** (5/1/06 – 5/25/07) Supervisor: Arlene Fisher, 713.867.7704. **Duties:** Conducted psychosocial assessments, created and developed treatment plans and provided outpatient therapy to high risk, low income families as well as home-based therapy to families in the foster care system.

Academic

- **University of Houston-Clear Lake:** (9/14 - 5/21). *University of Houston, Clear Lake; 2700 Bay Area Blvd, Box 21; Houston, TX, 77058.* **Title:** Tenure Track Assistant Professor, Department of Clinical Health and Applied Sciences, Family Therapy Program. **Responsibilities:** Teach Introduction to Family Therapy, Cross Cultural Perspectives on the Family, Group Psychotherapy, Substance Abuse Treatment, Individual and Family Development Across the Life Span, Psychopathology, Basic Psychotherapy Skills, and Practicum. Conduct research on mental health challenges experienced by religious and ethnic minority families. Serve on University committees.

Teaching

- **Basic Psychotherapy Skills:** (Summer 2018- Spring 2021). *University of Houston-Clear Lake.*
- **Group Psychotherapy:** (Summer 2017- Spring 2021). *University of Houston-Clear Lake.*
- **Substance Abuse Treatments:** (Spring 2015- Spring 2021). *University of Houston-Clear Lake.*
- **Individual, and Family Development Across the Life Span:** (Spring 2015- Spring 2021). *University of Houston-Clear Lake.*
- **Practicum:** (Spring 2015- Spring 2021). Clinical Supervisor. *University of Houston-Clear Lake.*
- **Cross Cultural Perspectives of the Family:** (Fall 2014- Spring 2021). *University of Houston-Clear Lake.*
- **Introduction to Family Therapy:** (Fall 2014- Spring 2021). *University of Houston-Clear Lake.*
- **Psychopathology:** (Spring 2016). *University of Houston-Clear Lake.*

Services

- **Journal of Marital and Family Therapy:** (Fall 2022). Expert Reviewer. Invited to serve as an expert reviewer of submitted manuscripts.
- **The Alkaram Institute:** (2018- Current). Research Scholar. Collaborate with other scholars on research projects, books and grants.
- **Taiba Inclusion Program (TIP):** (Spring 2018). Invited Speaker. Discuss topics that teach Muslim women leadership skills and provide training to become inclusion ambassadors in their communities.
- **ISGH Harvey Disaster Relief:** (Fall 2017). Volunteer. Assist victims of Harvey Hurricane who have lost their homes in filling out FEMA applications.
- **ISNA Mental Health Task Force:** (Summer 2017- Current). Member. Identify and assess and work on project addressing mental health needs of the Muslim community across the US.
- **Stones to Bridges** (Summer 2016- Current). Invited Counselor for website: <http://www.stonestobridges.org/> **Responsibilities:** Respond electronically to questions regarding mental health or family issues from primarily Muslim youth ages 12- 24 living in the US and abroad.
- **Whats the Matter?** (Fall 2014- Current). Invited Author for website: *MuslimMatters.org/Ask* **Responsibilities:** Answer questions from Muslim communities both national and international regarding various mental health and relational issues.

Additional Training

- Matz, Judith. (September 2021). **Emotional Eating, Chronic Dieting, Bingeing and Body Image: What Every Clinician Needs to Know.** Full day Intensive. 8 hours. Live Webinar
- van der Kolk, Bessel (February 2021). **The Body Keeps the Score Trauma Healing with Bessel van der Kolk, MD.** 2-Day Trauma Conference. 21 hours. Live Webinar.
- Atkinson, B. (February 2018). **Pragmatic/Experiential Method for Improving Relationships.** The Couples Clinic. 5 Day Intensive Training. 30 hours. Houston, TX.
- Zimmerman, T. (June 2016). **Supervision Fundamentals Course.** AAMFT-sponsored distance learning course. 15 hours.
- Zimmerman, T. (October 2013). **Supervision Track.** AAMFT Annual Conference. 15 hours. Portland, Oregon.
- Bradley, B., & Hickey, J. (May 2013). **Emotionally Focused Therapy Externship.** The EFT Zone. 28 Hours. Houston, TX.
- O'Dell, L., (October 2011) **How The Brain Forms New Habits: Why Willpower Is Not Enough.** Institute for Brain Potential. 6 Hours. El Paso, TX.
- Staudt, J., (September 2011) **Developing Self-Regulation: Assessment and Interventions for Strengthening Executive Skills in Children and Adolescents** Cross Country Education. 6 Hours. El Paso, TX.

- Hayes, P., (September 2011) **Art Therapy for Grief and Loss.** Cross Country Education. 6 Hours. El Paso, TX.
- Substance Abuse and Mental Health Services Administration (SAMHSA) American Association of Marriage and Family Therapy/ Minority Fellowship Program (AAMFT/MFP), (June 2010) **Summer Think Tank.** 25 hours
- SAMHSA-AAMFT/MFP , (February 2010) **Winter Think Tank.** 30 hours
- Plante, T., (June 2009) **Spiritual Practices in Psychotherapy: Ethical Issues to Consider.** Ecumenical Center for Religion and Health. 8 hours.
- SAMHSA-AAMFT/MFP, (June 2009) **Summer Think Tank.** 25 hours
- SAMHSA-AAMFT/MFP, (February 2009) **Winter Think Tank.** 30 hours
- Johnson, S. (January 2009) **Emotional Focused Therapy for Couples.** 6 Hours. TAMFT Annual Conference.
- Schore, A., Clark, W., & Marchak, Y. (September 2008) **Neuroscience meets Recovery Integrating Neurobiology with Pharmacotherapy, Psychotherapy, and Spiritual Practices.** 18 Hours.
- Koutsenok, I., Bennett, J. & Schmitz, M. (August 2008) **37th Annual Summer Clinical Institute: In Addiction Studies.** 15 Hours.
- Zucker, R. (April 2008) **Grief Counseling: Cutting Edge Strategies and Clinical Interventions.** 8 Hours. The American Academy of Bereavement Center.
- White, M. (March 2008) **Narrative Therapy and the Scaffolding of Therapeutic Conversations – With Special Attention to Addressing the Consequences of Trauma.** 9 Hours. TAMFT Conference.
- Woolley, S. R. (March 2007) **A Revolution in Treating Couples: Emotionally Focused Therapy** 8 hours. DePelchin’s Children Center.
- Larson, J.H. (October 2006) **Couples Assessment: Tools for Marital & Premarital Therapy:** 6 hours.
- Eskridge, L. & Lightsey S., (June- July 2006) **Parent Child Interaction Therapy Training:** 32 hours. DePelchin’s Children Center.
- Loos, V.E. (June 2006) **Building Resilience in Youth and Families** 8 hours
- Hargrave, T. & Love, P. (May 2006) **Research Update in Marriage and Family Therapy; & Ethics, Relationships & Interventions: The New Contextual Therapy;** 5 hours

**Peer-Reviewed
Journal Articles**

- Brown, M., Whiting, J., **Haque, A.**, & Emily Kahumoku-Fessler. (2020). A summative content analysis of stress and coping among parents of children with autism. *American Journal of Family Therapy.*
- **Haque, A.**, Tubbs, C.Y., Kahumoku-Fessler, E.P., & Brown, M.D. (2018). Microaggressions and Islamophobia: Experiences of Muslims across the United States and clinical implications. *Journal of Marital and Family Therapy.* 45(1), 76-91.
- Kahumoku-Fessler, E., Vazsonyi, A.T., **Haque, A.**, Brown, M. D. (2017). Body dissatisfaction and mental health across ethnic/racial and immigrant groups: Implications for marriage and family therapists. *American Journal of Family Therapy.* 45(3), 175-193.

- **Haque, A.** & Davenport, B. (2009). The assessment of marital adjustment with Muslim populations: A reliability study of the Locke-Wallace marital adjustment test. *Contemporary Family Therapy*. 31(2), 160-168.
- Farris, C. & **Haque, A.** (2008). A Systematic Research Synthesis of the Various Adaptive Strategies Utilized by Dual-Income Couples. *Journal of Feminist Family Therapy*. 20(2), 126-141.

Book Chapters

- **Haque, A.** (2018). Conducting spiritually integrated family therapy with Muslim clients: Utilizing a culturally responsive paradigm. In Al-Karam, C. (Ed.), *Islamically integrated psychotherapy: Uniting faith and professional practice*. Conshohocken, PA: Templeton Press.
- **Haque, A.** (2019). Bright eyes and glowing hearts: Adventures of Maya and Cat. In Al-Karam, C. (Ed.), *Maya and the seven limbs*. Roanoke, VA: Alkaram Institute

Works in Progress

- Brown, M., Mansfield, T., **Haque, A.**, & Kahumoku-Fessler, E. (in preparation). Re-storying disability through narrative therapy in family systems. *Journal of Systemic Therapies*.
- **Haque, A.** (in preparation) An Exploration of Salient Stressors Experienced by Muslims in the US: A Quantitative Study on Gender Differences.
- **Haque, A.** (in preparation) African American Muslims and their experience of double minority stress.
- **Haque, A.** (in preparation) A systematic research synthesis of the influence of parental involvement on children with attention-deficit/hyperactivity disorder.

Invited Professional Publications

- **Haque, A.** “Fatima AH” (2021). Bisexuality. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. August. Retrieved from: <https://www.stonestobridges.org/2021/08/09/bisexuality/>
- **Haque, A.** “Fatima AH” (2021). Really struggling with Salat and wudu, think I have OCD. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. August. Retrieved from: <http://www.stonestobridges.org/2021/05/05/really-struggling-with-salat-and-wudu-think-i-have-ocd/>
- **Haque, A.** “Fatima V” (2020). Starting to wear hijab for the wrong reasons. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. August. Retrieved from: <https://www.stonestobridges.org/2020/08/15/starting-to-wear-hijab-for-the-wrong-reasons/>

- **Haque, A.** “Fatima V” (2020). Depression. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. May. Retrieved from: <https://www.stonestobridges.org/2020/05/12/12939/>
- **Haque, A.** “Fatima V” (2020). Death and Spiritual Downfall. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. April. Retrieved from: <https://www.stonestobridges.org/2020/04/26/depression-and-spiritual-downfall/>
- **Haque, A.** “Fatima V” (2020). Death. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. March. Retrieved from: <https://www.stonestobridges.org/2020/04/26/death/>
- **Haque, A.** “Fatima V” (2019). I’m a Convert from the Bible Belt. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. December. Retrieved from: <https://www.stonestobridges.org/2019/12/29/im-a-convert-from-the-bible-belt/>
- **Haque, A.** “Fatima V” (2019). My Mother Physically Abused Me. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. July. Retrieved from: <https://www.stonestobridges.org/2019/07/03/my-mother-physically-abused-me/>
- **Haque, A.** “Fatima V” (2019). Mental Illness and Fasting. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. May. Retrieved from: <http://www.stonestobridges.org/2019/05/19/fasting-and-mental-illness/>
- **Haque, A.** “Fatima V” (2019). Why am I Not as Beloved as my Sibling?. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. February. Retrieved from: <http://www.stonestobridges.org/2019/02/21/why-am-i-not-as-beloved-as-my-siblings/>
- **Haque, A.** “Fatima V” (2018). Stuck. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. August. Retrieved from: <http://www.stonestobridges.org/2018/09/03/stuck/>
- **Haque, A.** (2018). Why suicide happens. *Islamic Horizon’s Magazine*. 47(5), 54-56. https://issuu.com/isnacreative/docs/ih_september-october_18
- **Haque, A.** “Fatima V” (2018). Please help. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. August. Retrieved from: <http://www.stonestobridges.org/2018/08/23/please-help-dear-fatima/>
- **Haque, A.** “Fatima V” (2018). I don’t know how to keep going... *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. June. Retrieved from: <http://www.stonestobridges.org/2018/06/20/i-dont-know-how-to-keep-going/>

- **Haque, A.** “Fatima V” (2017). Please Please Help Me Out. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. December. Retrieved from: <http://www.stonestobridges.org/2017/12/25/please-please-help-me-out/>
- **Haque, A.** “Fatima V” (2016). Uncontrollable feelings. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. December. Retrieved from: <http://www.stonestobridges.org/2016/12/09/uncontrollable-feelings/>
- **Haque, A.** “Fatima V” (2016). Long distance marriage. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. December. Retrieved from: <http://www.stonestobridges.org/2016/11/26/long-distance-marriage/>
- **Haque, A.** “Fatima V” (2016). Should my family move? *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. November. Retrieved from: <http://www.stonestobridges.org/2016/11/10/should-my-family-move/>
- **Haque, A.** “Fatima V” (2016). In America today... *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. November. Retrieved from: <http://www.stonestobridges.org/2016/11/09/in-america-today/>
- **Haque, A.** “Fatima V” (2016). Confusing attractions. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. October. Retrieved from: <http://www.stonestobridges.org/2016/10/20/confusing-attractions/>
- **Haque, A.** “Fatima V” (2016). Urges. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. August. Retrieved from: <http://www.stonestobridges.org/2016/08/17/urges-2/>
- **Haque, A.** “Fatima V” (2016). Help me. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. July. Retrieved from: <http://www.stonestobridges.org/2016/07/02/help-me/>
- **Haque, A.** “Fatima V” (2016). Marriage falling apart. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. June. Retrieved from: <http://www.stonestobridges.org/2016/06/25/marriage-falling-apart/>
- **Haque, A.** “Fatima V” (2016). I am the cause of my own demise. *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. June. Retrieved from: <http://www.stonestobridges.org/2016/06/25/i-am-the-cause-of-my-own-demise/>
- **Haque, A.** (2014). Confronting a cheating husband. *Muslim Matters: What’s the Matter?* July. Retrieved from: <http://muslimmatters.org/2014/07/24/whats-the-matter-confronting-a-cheating-husband/>
- **Haque, A.** “Fatima V” (2016). Marriage falling apart: *Stones to bridges: Anonymous Counseling and Support for Muslim Youth*. June. Retrieved from: <http://www.stonestobridges.org/2016/06/25/marriage-falling-apart/>

- **Haque, A.** (2014). Married man attracted to same sex. *Muslim Matters: What's the Matter?* June. Retrieved from: <http://muslimmatters.org/2014/06/19/whats-the-matter-married-man-attracted-to-same-sex/>
- **Haque, A.** (2014). Resentment against female child. *Muslim Matters: What's the Matter?* May. Retrieved from: <http://muslimmatters.org/2014/05/29/whats-the-matter-resentment-against-female-child/>
- **Haque, A.** (2014). How do I deal with my escapist mentality? *Muslim Matters: What's the Matter?* February. Retrieved from: <http://muslimmatters.org/2014/02/27/how-do-i-deal-with-my-escapist-mentality/>
- **Haque, A.** (2014). Struggling with college, motherhood and responsibilities of a wife when husband works late hours. *Muslim Matters: What's the Matter?* January. Retrieved from: <http://muslimmatters.org/2014/01/23/whats-matter-struggling-college-motherhood-responsibilities-wife-husband-works-late-hours/>

**Refereed
Professional
Presentations**

- **Haque, A.** (Spring 2019). *Spiritually integrated therapy with Muslim clients.* 2019 American Association of Marriage and Family Therapy Annual Conference, Austin, TX, Platform Presentation.
- **Haque, A.,** Fessler, E., Brown, M., (Fall 2017). *Misconceptions and Islamophobia: Experiences of Muslims across the US and clinical implications.* 2017 American Association of Marriage and Family Therapy Annual Conference, Atlanta, GA, Research Presentation.
- **Haque, A.,** Elanbari, G., Frost, K. A., Keller, E.R. (March 2016). *Marital satisfaction and gender role identification among Muslim Women.* The 24th World Family Therapy Congress: Interpersonal Interactions and Therapeutic Change, Kona, Hawaii, USA, Poster Presentation.
- **Haque, A.,** Elanbari, G., Frost, K. A., Keller, E.R. (March 2016). *Marital satisfaction and gender role identification among Muslim Women.* Texas Association of Marriage and Family Therapy; Wired for Connection: Neuroscience and Relational Change, San Antonio, TX. Poster Presentation.
- **Haque, A.** (November 2014) *Exploration of Salient Stressors Experienced by Muslims in the US: A Quantitative analysis of Gender Differences.* The National Council on Family Relations, Baltimore, Maryland, Paper Presentation.
- **Haque, A.** (March 2010) *Muslim American MFT needs assessment: Salient challenges impacting Muslims living in the US.* St. Mary's University 10th Annual Research Symposium, San Antonio, Texas, Poster Presentation.

- **Haque, A.** (March 2010) *The assessment of marital adjustment with Muslim populations: A reliability study of the Locke-Wallace marital adjustment test.* The TAMFT Annual Conference, San Antonio, Texas. Poster Presentation.
- Salem, M, **Haque, A.**, Brown, S.W., & Mursel, A. (October 2009) *MFT students working with American Muslim Clients.* The AAMFT Annual Conference, Sacramento, California, Poster Presentation.
- **Haque, A.** (April 2009) *The assessment of marital adjustment with Muslim populations: A reliability study of the Locke-Wallace marital adjustment test.* St. Mary's University 10th Annual Research Symposium, San Antonio, Texas, Poster Presentation.
- **Haque, A.** (January 2009) *Improving Cultural Competency in Mental Health.* Texas Association of Marriage and Family Therapy 35th Annual Conference. Hilton Fort Worth, Fort Worth, Texas, Poster Presentation.
- Farris, C. & **Haque, A.** (April 2007). *A Systematic Research Synthesis of the Various Adaptive Strategies Utilized by Dual-Income Couples.* The American Association for the Advancement of Science Southwestern and Rocky Mountain Division: 82nd Annual Meeting: Science-The Key to the Past, Present, and Future. University of Houston-Clear Lake, Houston, Texas, Poster Presentation.
- **Haque, A.** (April 2007) *Combining Theory with Practice in Family Therapy.* Islamic Society of North America: 11th Annual Islam in America Conference. Westin O'Hare, Chicago, Illinois, Platform Presentation.

**Invited
Professional
Presentations**

- **Haque, A.** (Spring 2021). *Marital Discord: When and How to get Help.* Masjid Mumineen Fiqh Session. Masjid Mumineen. Houston, TX, Invited Speaker.
- **Haque, A.** (Spring 2021). *Grief, Loss, Infertility & Miscarriages.* Family Therapy Students Association Meeting. United States International University-Africa, Nairobi, Kenya, East Africa, Invited Speaker.
- **Haque, A.** (Fall 2020). *Strengthening your Marital relationship during the Pandemic.* The Retreat in conjunction with Texas Dawah Convention. Tajweed Institute, Houston, TX, Invited Speaker.
- **Haque, A.** (Fall 2020). *Basic Counseling Skills for Community Leaders.* Subah Institute Adult Muslim Seminary. Subah Center, Houston, TX, Guest Instructor.
- **Haque, A.** (Fall 2020). *Importance of Marriage Preparation: The Role of a Muslim Parent.* Multicultural Center: Family First Center Zoom Meeting, Houston, TX, Invited Speaker.

- **Haque, A.** (Fall 2020). *Speaking to your Children about Marriage*. North American Bangladeshi Islamic Community. NABIC-Houston Chapter. Invited Speaker.
- **Haque, A.** (Fall 2020). *Marriage 101: Staying Connected in a Disconnected World*. IQRA Network. iqranetwork.com. Invited Speaker
- **Haque, A.,** Bradford, J. (Fall 2020). *Quality in quarantine: Bringing families faith and well-being together*. Islamic Society of Greater Houston. Invited Panelist.
- **Haque, A.** (Summer 2020). “Reflections” *A Look in the Mirror: Addressing racial biases in our Muslim communities*. Masjid Al Salam Sister’s Committee. Invited Panelist.
- **Haque, A.** (Summer 2020). *Complex Trauma of COVID19 and Racial Injustice on the Black Community*. Race and Trauma Podcast Series Part 2. Invited Panelist.
- **Haque, A.** (Summer 2020). *An Age Appropriate Conversation about Racism*. Brownie Girl Scout Troop # 08651. Zoom broadcast, Webster, TX, Invited Speaker.
- **Haque, A.,** Charania, A., Clionsky, L. (Spring 2020). *Parenting, Child Abuse & Trauma*. Mental Health Summit 2020. Online/FaceBook broadcast, Invited Panelist.
- **Haque, A.** (Spring 2020). *The Psychology of Addictions and the Prophet Cures*. Al-Salam Masjid. Zoom/FaceBook broadcast, Spring, TX, Invited Speaker.
- **Haque, A.** (Spring 2020). *Circle of Health and Inspiration*. Maryam Islamic Center and American Muslim Women’s Circle. Google Meet, Houston, TX, Invited Speaker.
- **Haque, A.** (Spring 2020). *Coping with COVID-19: A Mental Health and Spiritual Perspective*. Multicultural Center: Family First Center Zoom Meeting, Houston, TX, Invited Speaker.
- **Haque, A.** (Spring 2020). *Common Mental Illness and How to Deal with Them*. Wellness Committee Club. Harmony School of Innovation, Sugarland, TX, Invited Speaker
- **Haque, A.** (Spring 2020). *Spiritually Integrated Therapy for Muslim Clients*. Delta Kappa and Student Association of Marriage and Family Therapy. Our Lady of the Lake University- Houston, TX.
- **Haque, A.** (Spring 2020). *Depression and Anxiety in Mothers*. Moms Matter Support Group. ISGH Maryam Islamic Center, Sugar Land, TX, Invited Speaker.
- **Haque, A.** (Fall 2019). *The Influence of the Couple Relationship on Children*. Multicultural Center: Family First Center, Houston, TX, Invited Speaker.

- **Haque, A.** (Summer 2019). *Foundational Skills for Working with At-Risk Youth: Volunteer Training*. Multicultural Center: Family First Center, Houston, TX, Invited Speaker.
- **Haque, A.** (Spring, 2019). *Let's Talk: Vaping and Smoking Edition*. Masjid Al Salaam, Spring, Texas, Invited Speaker.
- York, C., & **Haque, A.** (Spring 2019). *Islamically Integrated Psychotherapy*. Islamic Dawah Center, Houston, Texas. Invited Panelist
- **Haque, A.,** Ogunfemi, S., & Lawal, L. (Fall, 2018). *Mental Health, Depression & Suicide: Is Your Family Safe?* Masjid-ul-Mumineen, Houston, Texas, Invited Panelist.
- **Haque, A.** (Spring, 2018). *Abuse, Depression and Anxiety in Muslim Youth*. Masjid Ansaar, Woodlands, Texas, Invited Speaker.
- **Haque, A.** (Spring, 2018). *Woke Woman Event*. University of Houston Muslim Students Association Sisters Program. University of Houston- Main Campus, Houston, Texas, Invited Speaker.
- **Haque, A.** (Spring, 2018). *Emotional Intelligence Workshop*. Taiba: Women Empowering Women. Masjid El-Farouq, Houston, TX, Invited Speaker.
- **Haque, A.** (Fall, 2017). *Woke Woman Event*. University of Houston Muslim Students Association Sisters Program. University of Houston- Main Campus, Houston, Texas, Invited Speaker.
- **Haque, A.** (Fall 2017) *Surviving Hurricane Harvey: How to Deal with Loss & Trauma*. Clear Lake Islamic Center. Houston, TX, Invited Group Facilitator.
- **Haque, A.,** & Fotouh, F. (Fall 2016) *Mental Health Workshop: Depression and Anxiety in Children*. ILM Academy. Houston, TX, Invited Speaker.
- Ali, W., & **Haque, A.** (Fall 2016) *Hope and Love: A Community Conversation*. Risala Foundation: Muslim Civic Speaker Organization. Mercy Community Center. Houston, TX, Invited Panelist.
- **Haque, A.,** & Fotouh, F. (Fall 2016) *Sex & Puberty*. ILM Academy. Houston, TX, Invited Speaker.
- **Haque, A.** (Fall 2016) *Empowering Muslim Career Women*. Muslim Women's Alliance of San Diego- An Afternoon Tea and Luncheon, San Diego, CA, Invited Keynote Speaker.
- **Haque, A.** (Fall 2016) *Making the Most out of your Time*. Cookie Halaqa, University of Texas Muslim Students Association. Austin, TX, Invited Speaker.

- **Haque, A.** (Spring 2016) *Tips for working with religious and cultural minority groups*. Social and Cultural Diversity. The University of Alabama at Birmingham, Guest Lecturer.
- **Haque, A.** (Fall, 2015). *Girl Talk*. University of Houston Muslim Students Association Sisters Program. University of Houston- Main Campus, Houston, Texas, Invited Speaker.
- **Haque, A., Jalali, S.,** (Fall 2015) *Bullying Workshop for Parents*. ILM Academy. Houston, TX, Invited Panelist.
- **Haque, A., & Fletcher, M.** (Spring 2015) *Creating Violence Free Environments*. Islamic Society of North America (ISNA) Conference: A Manner of Being- Exploring the Character of Muslims, Houston, TX, Invited Speaker.
- **Haque, A.** (Spring 2013) *Panel Discussion: Pursing a Profession of Service*. Muslim Youth Leadership Symposium, Rice University, Houston, TX, Invited Panelist
- **Haque, A.** (Spring 2011) *Parenting Muslim Teens*. Austin Peace Academy: Parenting Workshop, Austin, TX, Invited Speaker.
- **Haque, A.** (Spring 2010) *Parenting Muslim Teens & Pre-Teens*. Parenting Workshop. Islamic Society of Greater Houston, NW Zone. Houston, TX, Invited Speaker.
- **Haque, A.** (Summer 2008) *Health Care Career Panel: What is a Marriage and Family Therapist?* Islamic Society of North America South Central Regional Conference, Westin Galleria, Houston, TX, Invited Panelist.
- **Haque, A.** (Winter 2006) *Escaping the Time Trap*. 6th Annual Texas Dawah Convention. George R. Brown Convention Center, Houston, TX, Invited Speaker.
- **Haque, A.** (Winter 2006) *Muslim Career Panel*. 6th Annual Texas Dawah Convention. George R. Brown Convention Center, Houston, TX, Invited Panelist.

**Non-Refereed
Professional
Presentations**

- **Haque, A.** (April 2020) *Spiritually Integrated Therapy with Muslims*. Emily G. Sutter UHCL Symposium: Current Issue in Clinical, Health, and Applied Sciences, Houston, TX, Platform Presentation.
- **Haque, A.** (March 2020) *The Marriage and Family Therapy Program at the University of Houston Clear Lake*. Psi Chi & Psychology Club Graduate Expo. Houston, TX, Platform Presentation.
- **Haque, A.** (April 2019) *Spiritually Integrated Therapy with Muslims*. Emily G. Sutter UHCL Symposium: Current Issue in Clinical, Health, and Applied Sciences, Houston, TX, Platform Presentation.

- **Haque, A.** (April 2017) *Increasing Cultural Responsiveness: Working with Muslims in Therapy*. Emily G. Sutter UHCL Symposium: Current Issue in Clinical, Health, and Applied Sciences, Houston, TX, Platform Presentation.
- **Haque, A.** (November 2016). *Increasing Cultural Responsiveness: Working with Muslim Families in Therapy*. Houston Association of Marriage and Family Therapy: An Afternoon with UHCL Marriage and Family Therapy Program Faculty, Houston, TX, Platform Presentation.
- **Haque, A.** (April 2016) *Increasing Cultural Responsiveness: Working with Muslims in Therapy & School Settings*. Emily G. Sutter UHCL Symposium: Current Issue in Clinical, Health, and Applied Sciences, Houston, TX, Platform Presentation.
- **Haque, A.,** Merfish, B., Woldu, D., & Costello, S. (Fall 2015) *I'm here. Now what?* HSH Faculty Mentoring Program: Teaching Perspectives: Second-Year Faculty Share Experiences. University of Houston-Clear Lake, Houston, Texas, Invited Panelist.
- **Haque, A.,** & El-Oqlah, E. (April 2015) *The Influence of the Socio-political Climate on Misconceptions about Islam and Mental Health Implications for Muslims in the U.S.* Emily G. Sutter UHCL Symposium: Current Issue in Clinical, Health, and Applied Sciences, Houston, TX, Platform Presentation.
- Cunningham, S., Wallenstein, L., **Haque, A.,** (April 2015). *Therapy Attitudes of Latter Day Saints*. 21st Annual Student Conference for Research & Creative Arts. University of Houston Clear Lake, Houston, TX, Poster Presentation.

Editorial Board

- **Apprentice Editor** (2013). *Journal of Marital and Family Therapy*

Professional Affiliations

- **American Association of Marriage and Family Therapy(AAMFT)** (2005-Present) Active Member .
- **Texas Association of Marriage and Family Therapy(TAMFT)** (2005- Present) Active Member.
- **Houston Association of Marriage and Family Therapy(HAMFT)** (2005-Present) Active Member.
- **International Family Therapy Association (IFTA)** (2015- 2016). Member.
- **National Council on Family Relations (NCFR)** (2014- 2015). Member.

Awards and Leadership Positions

- 2014-2016: FRSF Research Grant (\$3,278)
- 2013: AAMFT/MFP Dissertation Completion Fellowship Candidate (\$5,000)
- 2013: Counseling Department Scholarship (\$2,000)
- 2008-2010: SAMHSA Grant: AAMFT Minority Fellowship Program (\$50,000)
- 2009: TAMFT Student Achievement Award: PhD Student of the Year

- 2007-2009: Research Assistantship: St. Mary's University (\$20,000)
- 2007: The Honor Society of Phi Kappa Phi
- 2006: The National Scholars Honor Society
- 2005-2007: Media Chair, UHCL Family Therapy Students Association
- 2005: Scholarship: Dollars for Scholars, University of Houston-Clear Lake
- 2005: Graduated Cum Laude, University of Houston.
- 2004: Golden Key International Honour Society
- 2003: National Honors Society in Psychology (Psi Chi)
- 2001- 2002: President of the Muslim Students Association (MSA), University of Houston
- 2000- 2004: Scholarship: Academic Achievement (\$20,000)